

END OF SEMESTER INFORMATION



Liberty High School
Brentwood, CA

DECEMBER 2023

Finals Schedule

Time	Dec 18	Dec 19	Dec 20	Dec 21
8:30 – 9:15	Tutorial	Tutorial	Tutorial	Tutorial
9:22 – 11:22	Period 1	Period 3	Period 5	Period 7
11:22 – 11:32	Brunch	Brunch	Brunch	Brunch
11:39 – 1:39	Period 2	Period 4	Period 6	Period 8

Lunch is available for all students from 1:39 – 2:09

We have made an adjustment in our finals schedule that is different from previous years. This school year the Liberty Union High School District will implement a tutorial period from 8:30 AM – 9:15 AM.

- *All teachers will be on campus and available to students by 8:30 AM on each final day.
- *Tutorial time is a chance for students to ask clarifying questions, make up exams and assignments, study for exams, or other needed academic support.
- *This is not “free time” or a recess period. The expectation is that when students come to campus during tutorial they are in a room/instructional space with a teacher present.
- *Students will sign in and out of the tutorial class using 5 Star. Students will have an opportunity to move from class to class.

Important Dates

Friday, December 15th is a traditional day.
Students attend all class periods 1 -8.

Friday, December 22nd is a staff development day. Students do not attend.

Liberty will be closed Monday, December 25th through Friday, January 5th.

School will resume Monday, January 8th with a traditional day. Students attend all class periods 1 - 8.

NEED EXTRA HELP?

AFTER SCHOOL HELP



HOMEWORK HELP — 3:30 TO 5 PM

A PLACE TO STUDY AND GET EXTRA HELP

MONDAY-TUESDAY-WEDNESDAY-THURSDAY

IN-PERSON IN THE **LIBERTY LIBRARY**

AFTER SCHOOL MATH HELP — 3:30 TO 5 PM

GET ADDITIONAL HELP WITH A MATH TEACHER

MONDAY – TUESDAY - WEDNESDAY

MS. MARQUARDT, **ROOM S-11**

THURSDAY

MRS. GROSS, **ROOM T-4**



Tips to prepare for finals

- Don't try to cram it all in last minute
- Create a study schedule and stick with it
 - include breaks and rewards in your plan
- Create or join a study group
- Find or cultivate a productive study space
- Remove distractions (electronic & others)
- Take care of your body
 - eat, sleep, hydrate, and exercise
- Ask for help

Nightmare Before Finals Spirit Week

Monday 12/11 Baby it's Cold Outside
Tuesday 12/12: Festive Fashion Day
Wed 12/13: Bring your Own Sleigh
Thursday 12/14: Candy Cane Lane
Friday 12/15: Long Winter's Nap



Cocoa and Cram
Freshman study session
Tuesday, Dec 12th 3:30 - 5:30
in the Cafeteria

Check out the
LHS Virtual Calming Room
for links and activities to help
you manage stress this holiday
season.

Virtual Bubble Wrap

WeaveSilk

Fireplace with Smooth Jazz

30 Second Breathing

Would You Rather - Holiday

Workout

*We wish our
community a happy,
healthy, and safe
holiday season.*

Reach out if you need help

Community Resources

Contra Costa Database
Call 211

<https://cccc.myresourcedirectory.com>

Food Bank

855-309-FOOD (3663)

<https://www.foodbankccs.org/>

Health and Mental Health Resources

For Teens by Teens (Sutter Health)

<https://www.sutterhealth.org/health/teens>

To Write Love on Her Arms

<https://twloha.com/>

Born This Way Foundation

<https://bornthisway.foundation/>

Suicide Prevention and Support

Suicide & Crisis Lifeline

Call or TEXT 988

Chat 988lifeline.org

Contra Costa Crisis Center

Call 211

Text HOPE to 20121

Crisis Text Line

Text HELLO to 741741